

THE
— —
Summer
Cooking Camp

THAT TAUGHT
MY KIDS MORE
THAN COOKING



*A simple way to teach
kids planning, budgeting,
cooking, and confidence—
lessons that last long
after the summer ends.*

A POLISHED PENNY



THE Summer Cooking Camp Challenge

1 YOU PLAN IT.

Choose your meal, find your recipe, and write your grocery list before you ever set foot in the store.



2 YOU SHOP IT.

You're in charge of the cart. Compare prices, make swaps, and spend wisely — it's your money on the line.



3 YOU COOK IT.

At least one dish on the table has to be made by you, from scratch. Rotisserie chicken as an ingredient? Fair game. Rotisserie chicken as the whole plan? Not quite.



4 YOU FEED EVERYONE.

This is a real dinner for the whole family. Plan your portions accordingly.



5 THE BUDGET IS THE BUDGET.

No borrowing, no top-ups. \$_____ is what you have — make it work.



6 SAVINGS ARE YOURS.

Every dollar you don't spend comes home with you. Spend it, save it, or treat yourself. Your call.



7 CLEAN UP IS PART OF THE JOB.

Every great chef leaves a clean kitchen.



*Most importantly:
Have fun, try new things, and don't worry
if everything isn't perfect.*

A Polished Penny

SUMMER COOKING CAMP

BUDGET PLANNER

A simple way to plan, shop, cook, and save.

1 MY DINNER PLAN

Chef: _____ Dinner Date: _____

What am I making?

Why did I choose this meal?

2 RECIPE SOURCE

- ☐ Family Recipe
☐ Cookbook
☐ Website
☐ My Own Creation

Recipe Name:

3 GROCERY BUDGET

My Budget:

\$ _____

My Goal Savings:

\$ _____

5 BUDGET RESULTS

Estimated Total: \$ _____

Actual Total: \$ _____

Money Saved: \$ _____

If I save money,
I might buy:

4 SHOPPING LIST

INGREDIENT	ESTIMATED COST	ACTUAL COST

6 CHEF REFLECTION

What went well?

What would I do differently next time?

What was my favorite part?

A Polished Penny

SUMMER COOKING CAMP

CERTIFIED FAMILY CHEF

This certificate is proudly awarded to

for successfully *planning, budgeting, shopping for, and preparing* a family meal.

Through creativity, responsibility, and hard work,
you have learned valuable life skills that will serve you well for years to come.

You have earned the title of

Certified Family Chef

Date: _____



Parent Signature: _____

Chef Signature: _____

PLANNING • BUDGETING • GROCERY SHOPPING • COOKING

A Polished Penny